

CV – Delfina M. Sueiro

English, Music and Drama teacher with more than 20 years of experience.
Art Therapist



ABOUT ME

With more than 20 years of experience as an English Teacher specialized in Early Childhood Education, Drama Teacher, Music Teacher and coordinating and managing experience, I have had the privilege of working in diverse and multicultural settings. This experiences have honed my ability to relate to students and their families from various backgrounds, ages, understand their unique needs, and provide the necessary support to facilitate their academic and personal growth. I am committed to creating inclusive and supportive learning environments. Currently studying a Masters Degree in Art Therapy* at Metafora School in Barcelona, I am always working on updating my skills and tools, knowledge, experience to help and provide positive environments with the aim of finding the best holistic solution for every person.

(*Art Therapy is a type of relational therapy that uses visual arts as primary mode of expression, alongside talking with the art therapist. It aims to reduce distress and improve social, emotional and mental health by promoting insight, self-compassion and a sense of agency and self-worth. If you would like to know more about it please visit <https://baat.org/>)

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in delfinasueiro

WORK EXPERIENCE

2021 - 2023 Headteacher, Sunrise International Preschool www.sunrisepreschool.dk

- Coordinating the groups of teachers in the 3-6 years old class / Leadership, guidance, organization, inspiration.
- Delivering classes myself / Staying connected with the children, developing personal relationships with them and the group
- Administrative tasks / Communication with the commune, with parents, organizing excursions, communication with other schools, making assessments, meetings with families, therapists.
- Helping migrant families to settle in the new country, guiding them on how to assist their children with this transition.

Results: I developed myself as an Inspirational leader working always on creative problem solving and prioritizing organization and staying close to the team.

2010-2020 Drama Teacher at Norbridge School, Argentina (Secondary School)
2012-2017 Drama Teacher at Dover High School, Argentina (Secondary School)
2019 Music Teacher at Norbridge School, Argentina (Primary school, 1st grade-7th grade)
2017 Music Teacher at San Juan el Precursor School (Kindergarten 2-6 year olds)
2017-2019 Drama Teacher at San Gabriel School, Argentina (Primary School 1st grade-4th grade)

- General Direction of the Annual Play both in Primary and Secondary Schools / Drama lessons in English, Drama and dancing as body expression.
- Working as part of a team and directing/ Leadership and team working as part of a whole.

Results: I can carry out theatre productions having a macro view over every detail that should be present.

2004 – 2011 Kindergarten Teacher at an International School, Norbridge School, Argentina

- Kindergarten Teacher /Delivering English as a Second Language to Spanish Native Speakers, reference teacher during the morning shift.
- Assessments, planning. / Assessing the children throughout the year and Yearly Planning for all activities in Kinder 5.
- Planning the year show, open classes and cultural activities.

Results: These were my first steps as a teacher and this is where I learnt the basis of who I am now. I have developed them all in great depth and I am still learning and preparing myself as the first day.

EDUCATION

2005– 2011

- Teacher Training College, Argentina
- English Teacher for all levels.
- Teaching English as a Second Language/ Teaching / I have specialized in Literature, Drama and Kindergarten Levels.

VOLUNTEERING

- Danish Refugee Council . Working with children from Ukraine at Ottiliahus Welcome House, Denmark (November 2023-Now)
- Hospital San Pau de la Creu, Barcelona (March 2024) - Workshop for families of children with a disability: creating toys and network.
- Kagyu Samye Dzong - Buddhist Centre London (March -December 2016)

LANGUAGES

- Spanish Able to speak, read and write (native speaker)
- English Able to speak, read and write (high level of proficiency)
- Danish Able to speak (beginner level)
- Portuguese Able to speak (intermediate level)

IT SKILLS

- Microsoft Office Regular user level
- Microsoft Power Point Advanced user level
- Active Inspire Regular user level
- Canva Advanced user level

COURSES & CERTIFICATIONS

- CELTA CELTA Certification (2023), as an International English Teacher by Cambridge University
- Gestalt Therapy A year course with Joan Garriga (2023). Developing positive relationships.
and Familiar Constellations
- Meisner Technique A one year course (2016) on this specific acting technique in London, City Lit.

PERSONAL SKILLS

- Guitar: I play the guitar and use it actively during my lessons.
- Ukulele: I play the guitar and use it actively during my lessons.
- Sing : I using my singing skills during my lessons, and I also coach my students in musical environments.
- Flute : I play the flute (4 years of conservatory of music) and I have played in many bands and used it to play with my students.
- Yoga: I have practised yoga and meditation for the past 6 years and I include them in my teaching environments.

ABOUT ME

I live in Greve together with Christian, my partner, and Maja my cat. I moved to Denmark about two years ago in the search for adventures and new opportunities. I feel the world is a great place to be explored and I love to work in international environments where I can learn new things all the time. I am very sociable and love to spend time with others, brainstorming, finding and thinking of creative solutions, projects and new things to do all the time. I feel there are no boundaries to my dreams or anyone's dreams, that is why I always give everything I can to my projects.

I love music, I love dancing, reading a good book and travelling.

REFERENCES

Will be made available upon request.